

# PAOLA BRICENO (DISTRIBUTOR)

Transformation Number = 10,000

My transformation number is 10,000 because at my CrossFit gym we talk about big dreams and things we would do 10,000 times if we had time. TR90 consumed me because of my athletes at my gym. Now my students trust what I do. I'm a guide and inspiration for many people.

Inches Lost = 15 Weight Lost = 24

