

FAQs

HOW DOES JUNGAMALS COMPARE TO THE COMPETITION?

Jungamals is one of the most nutritionally balanced children's daily multivitamin supplements available. Its optimized formula emphasizes the most important needs in childhood nutrition: growth and development, bone health, immune function, antioxidant protection, and common vitamin and mineral deficiencies.* This includes nutrients like calcium, magnesium, iron, zinc, carotenoids, and choline, which are commonly low or missing in children's supplements. Jungamals includes all this, yet, it still has a delicious, kid-approved, low-sugar grape flavor that children absolutely love.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

WHY ISN'T ANY FLUORIDE INCLUDED IN THE FORMULA?

Fluoride is not FDA approved for use in dietary supplements. Fluoride administration must be individually assessed by a physician or dentist in consideration of local drinking water fluoridation practices and dental health.

WHY SHOULD I GIVE MY CHILD JUNGAMALS?

Children don't always get the right amounts of nutrients from their diets alone. Jungamals was carefully formulated to provide your child with the right amounts of the right key nutrients that are important to support healthy growth and development.

WHAT CHANGES WERE MADE TO THE LATEST FORMULA?

Important changes were made to improve the product taste, refine various ingredient forms and sources, and add a vital new nutrient—choline. This includes an updated nutrient blend that features vitamin D3 sourced from shiitake mushroom, vitamin K2, methylated forms of B vitamins, updated forms of calcium and magnesium, and more!

IS JUNGAMALS SCS-CERTIFIED?

Yes! Jungamals is Level-I SCS-certified, which means that you can be confident it will raise your child's skin carotenoid score. Pharmanex BioPhotonic Scanner provides this score by measuring carotenoids using innovative light technology to give an accurate reading from the palm of your hand. It's safe, easy, and fun, even for children. The carotenoids measured are important antioxidants you can get from fruits, vegetables, and specific supplements (like Jungamals).

DOES JUNGAMALS CONTAIN ANY ARTIFICIAL COLORS OR PRESERVATIVES?

Jungamals includes zero artificial colors or preservatives. We added a safe, tiny amount of natural color, and the product is kept fresh simply by its high levels of antioxidants, so no other preservatives are necessary.

IS JUNGAMALS SAFE?

Of course! Jungamals was specifically designed for children ages 2–12, with ingredients and doses scientifically proven to be safe. We carefully looked at the nutritional needs of children and made sure none of the ingredients exceed upper limits of safety.

WHY DOES JUNGAMALS INCLUDE CHOLINE?

Choline is one of many essential nutrients that must be obtained from dietary sources or supplementation. Unfortunately, many individuals are deficient in this important nutrient. Choline is important for brain development by acting as a precursor for a neurotransmitter called acetylcholine. This important messenger in the brain is involved in memory, learning, and much more.

HOW IS JUNGAMALS SWEETENED AND FLAVORED?

Jungamals is sweetened using the natural sweeteners sucrose and xylitol and uses natural grape and lemon flavors that your child will love! These are all used in small amounts that are safe and provide just the right amounts of flavor and sweetness.

HOW MANY TABLETS IS IT SAFE TO TAKE EACH DAY?

Children ages 2–3 should take one tablet a day, ages 4–8 should take two tablets a day, and ages 9–12 can take up to three tablets a day.

WHAT IS THE NATURAL COLORING IN JUNGAMALS?

Jungamals gets its fun color thanks to a natural ingredient called carmine.

CAN I TAKE JUNGAMALS WITH OTHER PHARMANEX KIDS PRODUCTS?

Yes, Jungamals can safely be taken with other Pharmanex Kids products.

CAN AN ADULT TAKE JUNGAMALS?

Yes, but we don't recommend it. Jungamals was specifically formulated for children, so it does not have the ideal amounts and ratios of nutrients for adults. If you, as an adult, have difficulty swallowing capsules, we recommend that you take LifePak Elements instead, or open LifePak capsules and empty the contents into your food or drink.

WHY IS THERE SUGAR IN JUNGAMALS?

Jungamals contains more vitamins and minerals and in forms with higher bioavailability than common chewable or gummy children's multivitamins. Unfortunately, these high-quality nutrients don't always taste good. In fact, this is one of the characteristics of high bioavailability nutrients—they dissolve quickly for fast absorption, but that's also what sometimes causes strong tastes on the tongue. So, a small amount of sucrose (less than a gram per tablet) and a small amount of xylitol are included in Jungamals to help improve its taste for children.